

CALM

RELAXATION 6 MINS

Peace Out | 1.  
Balloon

CALM

RELAXATION 6 MINS

Peace Out | 2.  
Time Out

CALM

RELAXATION 8 MINS

Peace Out | Bye  
Bye Boat

CALM

RELAXATION 6 MINS

Peace Out | 4.  
Starfish

CALM

RELAXATION 10 MINS

Peace Out | 5.  
Moon and Stars

CALM

RELAXATION 10 MINS

Peace Out | 6.  
Butterfly

CALM

RELAXATION 8 MINS

Peace Out |  
Cosy Cats

CALM

RELAXATION 6 MINS

Peace Out | Your  
Little Star

CALM

RELAXATION 7 MINS

Peace Out | 9.  
Cosmic  
Counting

CALM

RELAXATION 9 MINS

Peace Out | 10.  
The Tickle Pixie

CALM

RELAXATION 10 MINS

Sleeping Dragon  
| Guided  
Meditation for  
Kids | Peace Out

CALM

RELAXATION 10 MINS

Peace Out | 12.  
Rainbow  
Waterfall

CALM

RELAXATION 13 MINS

Peace Out | 13.  
Climbing Up

CALM

RELAXATION 9 MINS

Peace Out |  
Friendly Wishes



SuperHero  
flying

... Our Guided Relaxation for Kids | 13. Peace Out

flopometer

... Our Guided Relaxation for Kids | 13. Peace Out

Treasure  
Box

... treasure Box | A Guided Meditation for Kids | Peace Out

Magic  
Treehouse

... Our Guided Relaxation for Kids | 13. Magic Treehouse

Wiggleflop

... Our Guided Relaxation for Kids | 13. Wiggleflop

Cloud  
Story

... Our Guided Relaxation for Kids | 13. Cloud Story